# **DIRECTIONS**

# New York, NY

28 West 44th Street, Suite 500 New York, NY 10036





#### FROM JFK AIRPORT

- Follow the signs for the Van Wyck Expressway/ Grand Central Parkway
- Take the Van Wyck Expressway North to the Long Island Expressway West
- Take the Long Island Expressway West to the Midtown Tunnel
- · Go through the tunnel
- Make an immediate left towards the Easton Oval office buildings
- · After the tunnel turn left onto 37th street
- Turn right onto Madison Ave
- Proceed 6 blocks to 43th Street where you will turn left. The facility is located between 5th and 6th Ave with an entrance at 25 W 43rd Street on the 5th Floor
- If parking, after turning at 5th Ave, go 200 yards past the facility entrance and turn right into the Hippodrome parking lot

#### **DIRECTIONS FROM NEWARK LIBERTY AIRPORT**

- Take I-78 E toward I-95 / NEW JERSEY TURNPIKE / US-1 & 9 North
- Merge onto I-95 N / NEW JERSEY TURNPIKE North
- Take exit 16E and follow signs to the LINCOLN TUNNEL and go through Tunnel
- Upon exiting Tunnel, stay to the left and proceed to West 42nd Street where you will turn right
- · At third traffic light, turn LEFT onto 8th Ave
- Proceed to West 44th Street and turn RIGHT. The facility is located between 6th Ave/AVENUE OF THE AMERICAS and 5th Ave at 28 W 44th Street on the 5th Floor
- If parking, after crossing 6th Ave/AVENUE OF THE AMERICAS, turn right into the Hippodrome parking lot. The facility is approximately 200 yards beyond the parking lot

### FROM LAGUARDIA AIRPORT

- Follow the signs for the Grand Central Parkway West
- Take the Grand Central Parkway West to the Triboro Bridge
- Take the Triboro Bridge to Manhattan
- Make a right just before the toll plaza onto the FDR
- Take the FDR Drive South to Exit 10
- Make a right on 49th Street and proceed to 5th Ave where you will turn left
- Proceed 6 blocks to 43th Street where you will turn left. The facility is located between 5th and 6th Ave with an entrance at 25 W 43rd Street on the 5th Floor
- If parking, after turning at 5th Ave, go 200 yards past the facility entrance and turn right into the Hippodrome parking lot

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# **DIRECTIONS**

New York, NY

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## FROM THE NEW JERSEY TURNPIKE

- If coming from the SOUTH take exit 16E
- If coming from the NORTH take exit 17
- Follow signs to the LINCOLN TUNNEL and go through Tunnel
- Upon exiting Tunnel, stay to the left and proceed to West 42nd Street where you will turn right
- At third traffic light, turn LEFT onto 8th Ave
- Proceed to West 44th Street and turn RIGHT. The facility is located between 6th Ave /AVENUE OF THE AMERICAS and 5th Ave at 28 W 44th Street on the 5th Floor
- If parking, after crossing 6th Ave/AVENUE OF THE AMERICAS, turn right into the Hippodrome parking lot. The facility is approximately 200 yards beyond the parking lot

## FROM THE GEORGE WASHINGTON BRIDGE

- After crossing the George Washington Bridge, take the 2nd exit for the Harlem River Drive
- Continue on the Harlem Rive Drive South to the EDR Drive South
- Take the FDR Drive South to Exit 10
- Make a right on 49th Street and proceed to 5th Ave where you will turn left
- Proceed 6 blocks to 43th Street where you will turn right. The facility is located between 5th and 6th Ave with an entrance at 25 W 43rd Street on the 5th Floor
- If parking, after turning onto W 43rd St., go 200 yards past the facility entrance and turn right into the Hippodrome parking lot

#### **USING NYC SUBWAY**

Option 1: Take the 4, 5, 6, or 7 trains to GRAND CENTRAL STATION / 42nd Street

- Exit Grand Central Station onto 42nd Street and turn Right
- Proceed West on 42nd Street to 5th Ave and turn Right
- Proceed North on 5th Ave to 43rd Street and turn Left
- The facility is located between 5th and 6th Ave with an entrance at 25 W 43rd Street on the 5th Floor

Option 2: Take the N, Q, R, W, 1, 2, or 3 trains to TIMES SQUARE /42nd Street. Transfer to the S train and exit at GRAND CENTRAL / 42nd Street

- Exit Grand Central Station onto 42nd Street and turn Right
- Proceed West on 42nd Street to 5th Ave and turn Right
- Proceed North on 5th Ave to 43rd Street and turn Left
- The facility is located between 5th and 6th Ave with an entrance at 25 W 43rd ST on the 5th Floor

Option 3: Take the B, D, F, V, or 7 train to 42nd Street / BRYANT PARK

- Exit the Subway onto 6th Ave/AVENUE OF THE AMERICAS
- Proceed North on 6th Ave/AVENUE OF THE AMERICAS to 43rd Street and turn Right
- The facility is located between 6th and 5th Ave with an entrance at 25 W 43rd Street on the 5th Floor

# **DIRECTIONS**

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#### FROM WESTCHESTER

- Start on Interstate 684 South
- Take 684 South to the Hutchinson River Parkway South
- Take the Hutchinson River Parkway South to The Bruckner Expressway
- Stay on the Bruckner Expressway following the signs for the Triboro Bridge
- Take the Triboro Bridge to Manhattan
- Make a right just before the toll plaza onto the FDR
- Take the FDR Drive South to Exit 10
- Make a right on 49th Street and proceed to 5th Avenue where you will turn left
- Proceed 6 blocks to 43th Street where you will turn right. The facility is located between 6th and 5th Ave with an entrance at 25 W 43rd Sreet on the 5th Floor
- If parking, after turning at 5th Ave, go 200 yards past the facility entrance and turn right into the Hippodrome parking lot

#### FROM THE NEW YORK THRUWAY

- As you approach New York City, The New York
  Thruway will become the Major Deegan Expressway
- Stay on the Major Deegan following signs for the Triboro Bridge
- Take the Triboro Bridge to Manhattan
- Make a right just before the toll plaza onto the FDR
- Take the FDR Drive South to Exit 10
- Make a right on 49th Street and proceed to 5th Ave where you will turn left
- Proceed 6 blocks to 43th Street where you will turn right. The facility is located between 6th and 5th Ave with an entrance at 25 W 43rd Street on the 5th Floor
- If parking, after turning at 5th Ave, go 200 yards past the facility entrance and turn right into the Hippodrome parking lot